



### \* Interscholastic Sports at Kent School \*

Last year was a great year for interscholastic sports at Kent School. Players involved in the sports program gained self-confidence, learned and improved skills, enjoyed their teammates and coaches, and, most importantly, had fun!

The sports program at Kent School is designed to foster a competitive and age-appropriate atmosphere. The coaches strive to maintain a program that promotes physical fitness, skill development and personal responsibility. We expect our students and fans to display good sportsmanship on and off the playing field. The program stresses the importance of goal-setting and developing a plan to meet those goals.

Every effort will be made to ensure a successful experience for the student athlete. Our goal is for every child to be given the opportunity to contribute to his/her team. A player may not participate in every game at the coach's discretion. Exceptions can be made if the student has not met the following guidelines: Student attends practice regularly, puts forth the required effort, maintains a positive attitude and focus, and is respectful of others. Playing time will be based on skill level, attitude, attendance and effort during games and practices.

Girls and boys in the fifth grade may participate in field hockey (girls), soccer (boys), and lacrosse teams. Playing time for fifth graders will be determined by the coach based on skill, age, and most importantly, the safety of the student. Basketball season is open for fifth graders; to practice only. Basketball games are limited to sixth through eighth graders, however, fifth graders are encouraged to watch the games with parental supervision.

The following are some reminders regarding any athletic contests played at Kent School. As stated in the Kent School Family' Handbook:

- ◆ Athletes and student spectators must be in dress code or athletic uniform at any interscholastic competition between Kent and another school.
- ◆ If your child wishes to be a spectator at an athletic contest, s/he must have parental supervision from the time of dismissal. Please send a note the morning of a game stating who is responsible for your child after dismissal and be sure s/he is met promptly at dismissal time. If you are responsible for a student or students during a game, please know where they are at all times.

- ◆ Students who are on campus to watch athletic events must stay in the vicinity of that game. Students are not permitted in any of the buildings except the gymnasium or outside.

We appreciate your support in helping to assure the safety of all students.

We encourage all middle school students to get a yearly physical. Please return the Athletic Permission Form. I will keep the records on file, and it will be in good standing for one year.

Please feel free to contact me with any questions or concerns.

Thank you,

Erin Kent, A.D.



Athletic Permission Form

**We ask that all middle school students and their parents, regardless of athletic involvement, complete this form before the start of school.**

We have read the “Interscholastic Sports at Kent School” overview. We understand and agree to uphold Kent School’s athletic policies. We certify that our child is physically qualified to participate in interscholastic sports at Kent School. We recognize there are inherent risks involved in athletics and understand parents are responsible for any medical costs incurred.

\_\_\_\_\_  
Parent’s Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student’s Signature

\_\_\_\_\_  
Date

Name of student: \_\_\_\_\_

Name of Physician: \_\_\_\_\_

Date of last Physical Examination: \_\_\_\_\_

Is this student cleared to play organized sports:            YES            NO

\_\_\_\_\_  
Physician’s Signature

\_\_\_\_\_  
Date

